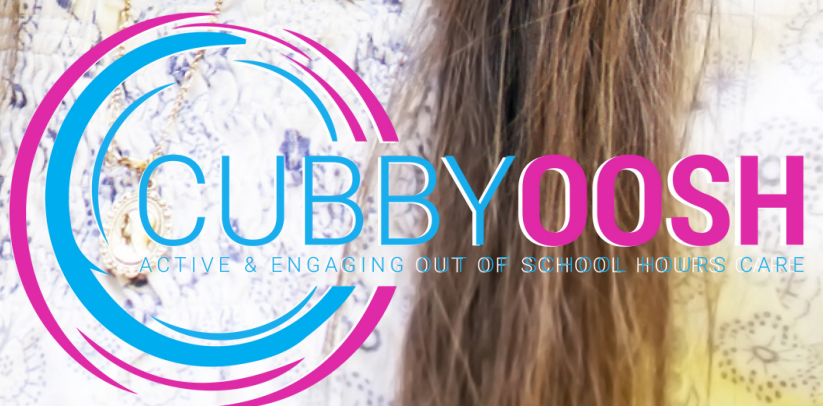


week
5

KIDS *activity* GUIDE



CLOUD DOUGH

ART KIT!

1 cup corn flour
1/2 cup hand lotion
Food colouring

LET'S CREATE!

Step 1

Add 1/2 cup of lotion to a bowl. Add 1-2 drops of the food colouring and mix.

Step 2

Mix the lotion and food colouring until combined.

Step 3

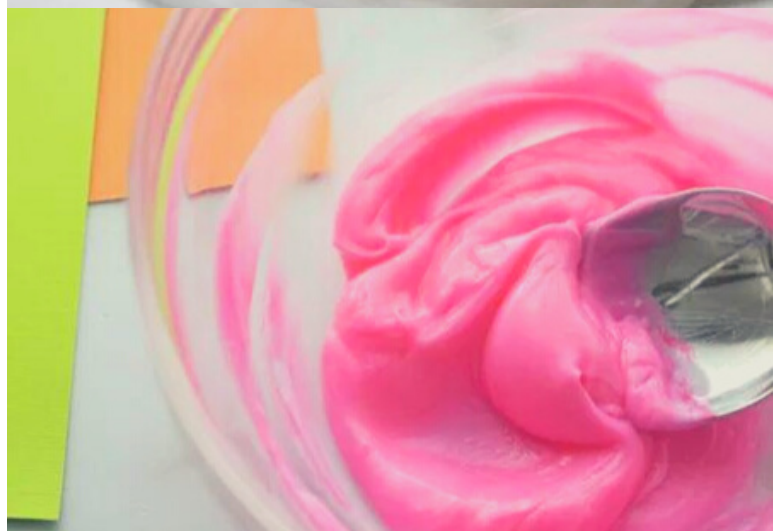
Add 1 cup of cornstarch and mix.

Step 4

Mix until combined.

Step 5

Take out the dough and place on some wax paper. Knead with your hands (you may want gloves here so your hands don't stain). Keep kneading until it forms a dough-like consistency. If it's still too sticky add another tablespoon of corn flour.



PIZZA BAGUETTE

INGREDIENTS!

- French baguette
- Tomato paste
- Mozzarella or tasty cheese

Topping suggestions

- Basil leaves
- Sliced tomato
- Tinned pineapple
- Olives
- Ham
- Turkey

LET'S COOK!

- Slice bread stick in half
- Spread tomato paste
- Select toppings
- Bake in oven



The easiest way to
whip up a bunch of
individual pizzas in
no time at all.
Just pick your
toppings and go for it!

Wash
YOUR
Hands



LEMON VOLCANOS

LAB KIT!

2 lemons per volcano
Baking soda
Food colouring
Craft stick or spoon
Dish washing soap
Tray
Cup & spoons

You will need
an adult to
help with this
one!



LET'S EXPERIMENT!

Step 1

Prep your lemon by slicing the bottom off to make them sit flat. Flip the lemon over and slice out the core. If you are making an open faced volcano, slice the lemon in half.

Step 2

Prepare extra lemon juice by slicing a second lemon in half and juicing it. Pour juice into a cup and set aside.

Step 3

Place your cored lemon on a tray. Use your craft stick to mash the center of the lemon and bring out the juices. Be sure to keep the juice in the lemon!

Step 4

Place a few drops of food coloring or liquid watercolors (do not dilute) in the center of the lemon.

Step 5

Add in a good squeeze of dish soap to the lemon. This is not necessary but causes the bubbles to ooze and froth more and longer.

Step 6

Add a spoonful of baking soda into the lemon. It should start to fizz. Take your craft stick and stir the lemon and lemon juice. It should start foaming really well as you stir it!

Step 7

To keep the reaction going alternatively add more baking soda, coloring, dish soap and the reserved lemon juice to the reaction. Squeezing the lemon to release the juices also enhances the reaction.



BUBBLE PAINTING

ART KIT

Dishwashing liquid
Paper
Straw
Cup
Paint

Let's Create!

Step 1

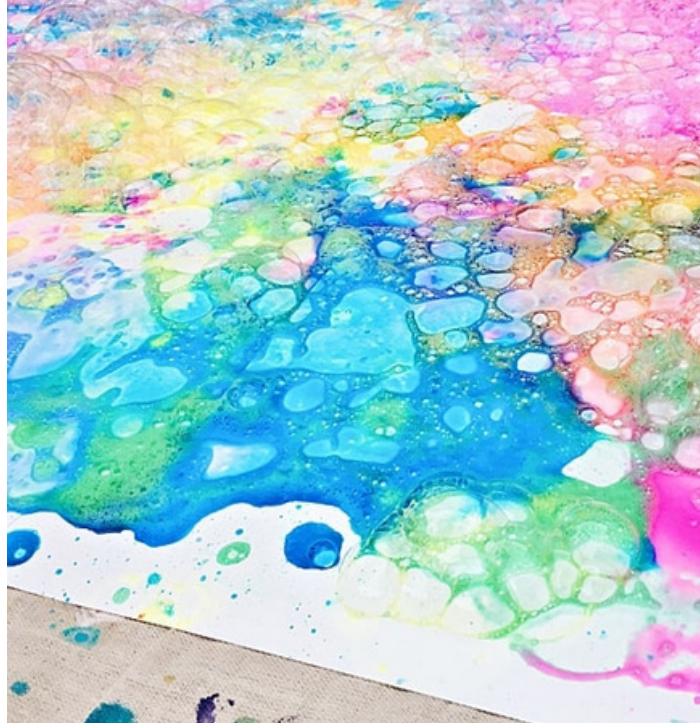
In shallow bowls, mix the dish soap with paint. Make up a separate mixture for each colour.

Step 2

Blow bubbles in the paint mixture using a drinking straw until the bubbles are at the top of or above the bowl.

Step 3

Gently place a paper on top and allow the bubbles to pop before removing the paper. Do the same with other colours. The more coloured bubbles you create on the paper, the cooler the effect. Once the desired look is achieved, allow the paper to dry flat.



FUNNY FACE SANDWICHES

INGREDIENTS!

Suggestions;
Seaweed
Carrots
Cheese
Cucumber
Berries
Lettuce

LET'S COOK!

- Create a funny sandwich face

Wash
YOUR
Hands